



Activities for Home

The following are a list of suggested activities that can be done at home with your family during the year of the domestic church. You can participate in as many or as little as you would like. The goal of these activities is to cultivate a culture of prayer and catechesis in your home, building the Church from within your family unit.

- **Create a Prayer Space at Home**

Select a room, corner, wall, etc. in your home to designate as a space where your family can gather to pray together. This space can also be used for family members who want to pray alone. Your prayer space should include a crucifix, and you can add any additional items you deem appropriate (candles, rosaries, prayer cards, images of saints, etc.) The goal is to create a sacred space in your home that is designated for time with God.

- **Family Prayer Night**

Designate one night during the week for your family to gather in one room and pray together. You can use any prayer style (or a combination) of your choosing - for example, rosary, Divine Mercy Chaplet, prayer intentions for others (intercessory prayer), family prayer intentions, etc.

- **Faith Collages**

Everyone uses images (from magazines, internet, newspapers, etc) to create their own collage of images that represents their faith and relationship with God. Take time to share them with one another and have a discussion about where everyone is in their faith journeys.

- **Prayer Pot**

Turn a small flower pot (or bowl) into a “prayer pot” by adding intentions. You can write different prayer intentions on popsicle sticks (or slips of paper) and place them in the pot. This can be used before meals, or to set intentions for family prayer nights.

- **Family Examen**

Based on the Ignatian Spiritual Exercises, gather together as a family to reflect on your day (or week). Use the following to guide your reflection:

<https://www.ignatianspirituality.com/ignatian-prayer/the-examen/how-can-i-pray/>

- **Family Examination of Conscience and Confession**

Gather as a family to discuss the sacrament of Reconciliation, then join together in a communal examination of conscience before going to confession.

- **Sacraments Word Search and Crossword Puzzles (Attached)**

Word Search Directions: Locate the given **words** in the grid, running in one of eight possible directions horizontally, vertically, or diagonally.

Crossword Directions: Fill in the boxes with the word that fits each clue in the across, or down sections. Make sure the word corresponds with the number.



Diocese of Austin



YEAR OF THE
**DOMESTIC
CHURCH**

Sacraments

T V Y Z X L I A F Y P L N Z N Q V B H O
T S I R A H C U E V N E I Q I M V I W O
G G E Y S B J Y T X V O N G I V L S S E
U D B I D D Q D G E B S M A J P D H Y H
I N Y Z R L Y W S A A A S I N N K O N M
N K Y G K P O G G C V I I E R C C P L A
V K E F S R E D R O K D T O L T E O M R
A C I V V F B A B Z O C P B Z Q A U N N
W O X U V R M H J D X N A H X K B M W P
Y N Q W U E J T N B A O B G U G V K N O
M F E H N J Z Y L V G T J B S E C I Q D
G I E T T J F O Z U S T P M E J D O I T
J R S B R N S C H Q Y R Q M W P B Y R E
D M X E D U H Z A T R J E F F J L U G C
B A Y P D R T J G Y N R U N C T I O N A
P T Z O I H O L Y L T X G N J W E J H R
B I I S D O K V E X Y F V A F J W U O G
O O T U R A B X E R C O F R W I Y P A P
O N A I D Q X N H I Q A Y Y F I C Q X H
J P W Z X L F N P P I K I J J W V T X N

BAPTISM

EXTREME

PENANCE

BISHOP

GRACE

PRIEST

CHRIST

HOLY

SACRAMENTS

CONFIRMATION

MATRIMONY

SEVEN

EUCCHARIST

ORDERS

UNCTION



Sacraments (2)

Y U P T K P I L T T W B C N W B T L B F
 I U E S Z C U N N O A H O A M E R A G V
 G Q N I I W I E I P M I L Y D G Q G Z X
 R Y A R V T M S T T T P A G N I L A E H
 A R N A M A I I O A I A N O I N T I N G
 C P C H R T S R I D B A Y G V N S Q U L
 E F E C H M R L I N G R T Q G I D P L W
 R C A U S X I S E P U N E I H N L Y T R
 R S M E Q C C U D P S B O A O G Q U U O
 I J X O N I J J B W S F R I D N T C V A
 G O E O P G D H U E R L M Z N J P A B P
 T D C L H V A S W H E B M Z U U I S U F
 R E E O V V X N Z W D K K L H L M Z M E
 R S L W B C O N F I R M A T I O N M R H
 S Y N S E R T C N F O I Y O U E N E O T
 C H U R C H F Q A V H J I U O I H M M C
 H A X U U J N I H T M M V V F T U R D X
 W X F O O I U U I V I C Q S A E A F Z S
 N Q Y N O M I R T A M O F G R Z M I M E
 E S E V O L K K R U M R N U A N K A D U

ANOINTING

GRACE

SACRAMENT

BAPTISM

HEALING

SICK

BEGINNING

HOLY

SPIRIT

BREAD

INITIATION

THE

CHURCH

LOVE

VOCATION

COMMUNION

MATRIMONY

CONFIRMATION

OIL

DISCIPLES

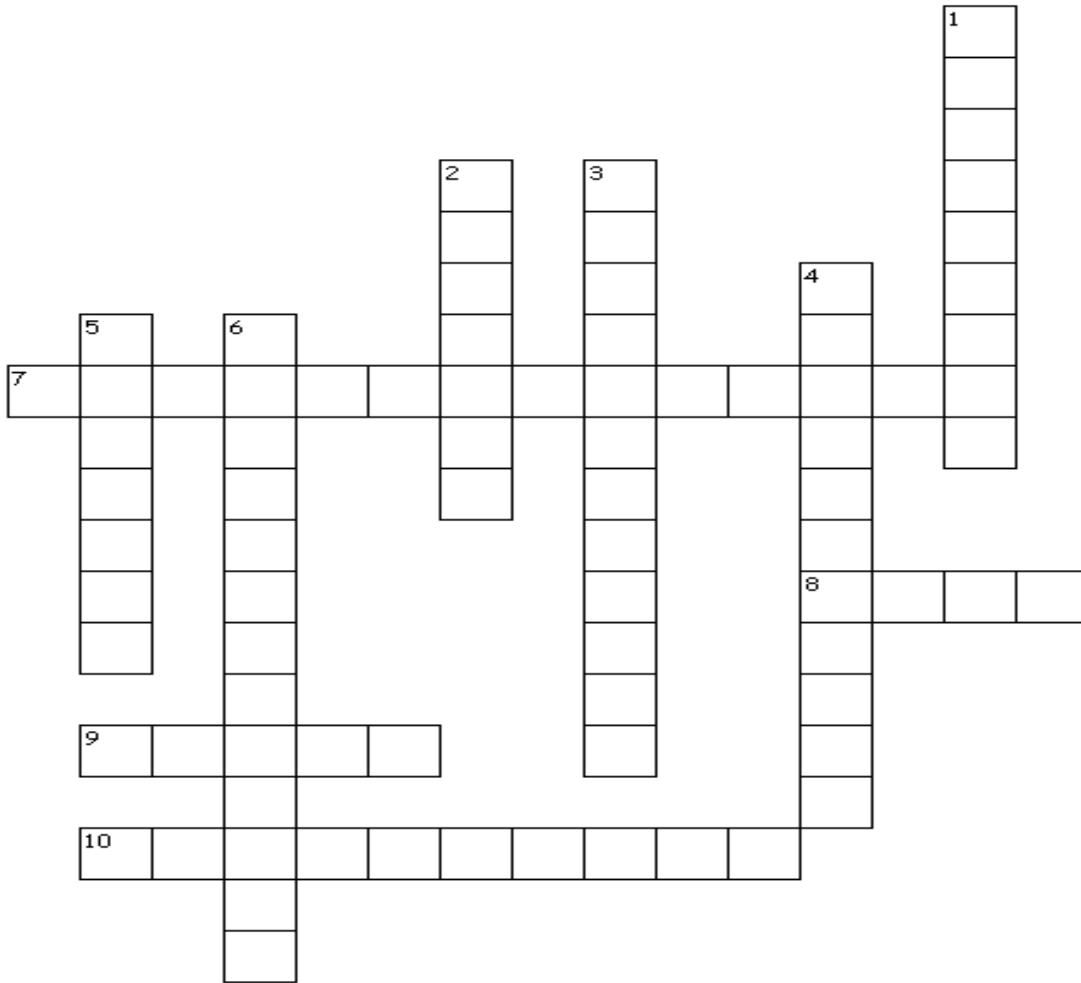
ORDERS

EUCCHARIST

PENANCE

GATHER

RECONCILIATION



Sacraments Crossword

Across

- 7. Confession of sins
- 8. _____ and Eve were the first husband and wife
- 9. Sanctifying _____
- 10. Holy Orders

Down

- 1. Holy Orders and _____ are Sacraments of service
- 2. Pouring of water
- 3. Signifies the gift of the Holy Spirit
- 4. Baptism cleanses from _____
- 5. Anointing of the Sick is a Sacrament of _____
- 6. Last Supper